

# Trailside Kitchen Lunch Menu

Ready for Same Day Pickup or Delivery – 11 am til 2 pm – Monday thru Friday

To order for pickup, call 479-466-6316. 546 West Center, Unit B (on east side deck)  
To order for delivery, call or text C.H.E.W. at 479-283-7655

Friday January 13:

**Curry Chicken Pita** with Romaine, Cherry Tomatoes 6.25  
**Beef Spaghetti Mac**, Iceberg Wedge with Blue Cheese Dressing, Sourdough Baguette 6.95  
**Pepper Pot Soup** 2.50

Monday January 16:

**Hummus Pita** with Feta & Avocado 4.95  
**Meatloaf**, Mashed Potatoes and Gravy, Green Beans, Hot Roll 8.95  
**Lentil Soup** 2.00

Tuesday January 17:

**Hummus Pita** with Feta & Avocado 4.95  
**Pan Bagnat** (Tuna on French Bread w/ Hardboiled Egg, Black Olives, Green Peppers, Onion, Tomato, House Dressing) 6.25  
**Roasted Chicken Breast**, Cornbread Dressing, Gravy, Steamed Broccoli 8.95  
**Potato Leek Soup** 2.50

Wednesday January 18:

**Hummus Pita** with Feta & Avocado 4.95  
**Roasted Chicken Sandwich** on Locally-Made Wheat Bread with Provolone, Lettuce, Tomato, Red Onion, Mustard or Mayo 6.25  
**Chicken & Dumplings**, Mustard Turnip Greens, Carrots & Peppers 8.95  
**Vegetable Soup** 2.50

Thursday January 19:

**Hummus Pita** with Feta & Avocado 4.95  
**Ham & Cheese** on Pumpernickel Rye with Lettuce, Mustard or Mayo, Dill Slab 6.25  
**Salisbury Steak** with Sauteed Mushrooms, Fried Potatoes, English Peas, Hot Roll 8.95  
**Split Pea Soup** 2.00

Friday January 20:

**Hummus Pita** with Feta & Avocado 4.95  
**Hot Beef & Caramelized Onions** on Toasted Hoagie 6.25 w/ Provolone Cheese 6.75  
**Pot Roast** with Onion & Carrots, Roasted Potatoes, Cucumber Salad, Hot Roll 8.95  
**Pepper Pot Soup** 2.50

## Drinks available daily, for Pickup Orders only:

12 oz Hot Tea: Gunpowder Green Tea 1.65, Darjeeling Black Tea 2.35, Chocolate Chai 2.35  
16 oz Iced Black Tea 2.00  
16 oz Iced Soda (Canada Dry Ginger Ale, IBC Root Beer, Dr. Pepper, Grape) 2.00  
Bottled Water 1.00

Desserts:

**Brown Butter Cookies** 2 for \$1.00  
**Dessert Special** – please inquire

Have something in mind that we haven't listed? Just ask.  
We appreciate your patronage through our transition.  
Suggestions welcome! THANK YOU.